

Cooking tips for Hams

- Place ham, leaving it in the vacuum bag, in suitable pot, cover with water and heat, do not boil!
Ham nuggets: let simmer for 40-60 minutes
Gammon, bone-in & Valbella hams: let simmer for 1¹/₂ hours.
- Remove ham from bag.
- Serve now or you may add your favorite glaze and finish turkey in pre-heated oven for max. 15 - 20 minutes.

Our Valbella hams are made with Alberta Grain Fed Pork from Sunterra Farms and are smoked with Birchwood at our production in Canmore, Alberta. They do not contain additives or MSG.

Any questions?
Call us at 403-678-4109



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